



58th Annual Diocesan Convention

Standing Committee Nominee Clerical Order | The Rev. Laura “Lo” Cook



Lo was born and raised in the Diocese of Central Florida. She attended the University of Florida, graduating with a Bachelor's in Elementary Education and a Masters in Education with a specialization in Special Education. She taught in inner city Orlando for five years and spent a year living in Uganda, Africa, working with a non-profit that worked to get kids off the street. It was while living in Uganda that she began to recognize a call to the Priesthood

She attended Wycliffe College at the University of Toronto for Seminary, where she served as Vice President of Community and later as Senior Class President. She was Ordained to the Priesthood in October 2022 and has been serving as Associate Rector at All Saints Winter Park since 2022. Lo has held several roles in the Diocese and the greater Episcopal Church, including serving as Clergy on the Diocesan Board since 2024, serving on a task force for working on rewriting Canon XV for the Diocesan Board, as well as being the Spiritual Director for the 2025 Camino de Santiago Pilgrimage through the Diocese. She greatly enjoyed serving as an Alternate Clergy Delegate to General Convention in 2024 and currently serves on The Task Force for Communion Across Differences for The Episcopal Church.